

OTHER SERVICES

Farmers Market.....760 788-1924
K-Mart (Sat 9 am-1 pm)
San Diego County Library....760-738-2434
1275 Main Street, . Ramona, CA 92065
ESL classes offered check calendar for days and times.

Schools

Ramona High School.....760-787-4000
Montecito High School.....760-787-4300
Olive Pierce Middle School .760-787-2400
Barnett Elementary School 760-787-3500
Hanson Lane Elem School 760-787-2100
James Dukes Elem School .760-788-5060
Mt. Woodson Elem School 760-788-5120
Ramona Community School ...760-787-3600
Ramona Elem School.....760-787-4400
Mountain Valley Academy..760-787-3600

Adult School/ ROP

ROP Office.....760-787-4036

Ramona Counseling Services

Psychiatrist

Jane Tanaka MD760-788-2445

Psychologist

Cyrus Nakhshab PhD760-789-7080
Kenneth W. Searcy PhD. 760- 789-6389

Licensed Clinical Social Workers

Peter Michael Baratta760-788-1003

Marriage and Family Therapist

Karen Loftis.....760-415-3585
Valerie Lucio.....760-789-2937
Meagan Searcy..... .619-385-0638
Kinesis North..... 760-480-2255

(Ramona Satellite)

EMERGENCY SERVICES

Crisis Lines

Info Line..... 211

Access & Crisis Line..1-888-724-7240

Suicide Prevention.....1-800-273-8255

Child Abuse Hotline.....1-800-344-6000
Adult Abuse Hotline.....1-800-510-2020
Teen Crisis Hotline.....1-800-843-5200

Mental Health

Psych Emergency Response Team.... 911
Changing Options.....760-789-7299
**treatment for adults with schizophrenia & other mental disorders.*
Aurora Behavioral Health...888-565-4228

**24hr Psych Evaluation & Referral Services*

County Mental Health.....760-752-4900
Rady's Children's' Behavior Crisis Ctr...
.....760-730-5900
San Diego Psychiatric Hospital.....

3853 Rosecrans St 92110.(619) 692-8200

Exodus Walk-in Assessment Center.....

1520 South Escondido Blvd 92025

(760) 796-7760.....(760) 796-7758

MHS Kinesis..... 760-480-2255

Vista Hill.....760-788-9724

Learning Assistance Center

**Counseling Services for children Pre-K - age 22.*

Domestic Violence & Abuse

Women's Resource Center.....760-757-3500
Community Resource Center.....760-633-1111

Ramona

SmartCare Resource Guide:



YOUR APPOINTMENT IS ON

Behavioral Health Consultants:

Veronica Brewster IMFT
(760) 504-1407

Kenya L. Taylor, IMFT
(760) 803-8809

Behavioral Health Educators:

Ana Escamilla-Lopez
(760) 803-6768

Tawnya Torres
(760) 803-8707

Joanna Yanez
(760) 803-1336

North County Health Services, Ramona

217 E. Earlham, Ramona, CA 92065
(760) 789-1223

SmartCare Administrative Office

1012 Main Street, Suite 101
Ramona, CA 92065
(760) 788-9725

Follow us on:   

Substance Use & Abuse

Teen Recovery

McAllister Institute.....619-442-0277
Teen Recovery Center...760-788-6520
323 Hunter Street, Ramona, CA 92065
www.mcalisterinstitute.org

Adult Recovery

MHS Recovery Center....760-741-7708
200 E. Washington, #100, Escondido, Ca 92025

McAlister Institute.....619-465-7303
(Non-Medical Residential Detox)
1400 N. Johnson Ave. Ste.101 El Cajon, CA 92020
Green Oak Ranch.....760-727-0251
1237 Green Oak Rd. Vista, CA 92081

Homeless Recovery

Alpha Project..... 760-630-9922
993 Postal Way Vista, CA 92083
www.alphaproject.org

Male Recovery

The Fellowship Center... 760-745-8478
737 E. Grand Ave. Escondido, CA 92025
Restoration Ranch.....760-787-9432
940 Montecito Rd. Ramona, CA 92065
www.restorationranch.com

Women & Children Recovery

NC Serenity House..... 760-741-5098
940 Montecito Way Ramona, CA 92065

Shelters

www.interfaithservices.org
2-1-1 or 858-300-1211

HEALTH/ MEDICAL

Access..... 866-262-9881
Medical for Families Info Line...
800-880-5305

Food & Clothing Assistance

Ramona Food & Clothes Closet...760-789-4458
*Emergency Food Boxes & Seniors Food for a Week
NCHS WIC.....888-477-6333
*Assistance for pregnant women & parents w/children under 5 years.

Food Stamps (SNAP)..... 760-738-2438
Ramona Senior Center..... 760-789-0440
*Nutritious Meal Service (Tues-Fri)

Aging and Senior

Aging & Independent Svcs...800-510-2020
FACT transportation Svcs...888-924-3228
For those 65+
Ramona Senior Center.....760-789-0440
* Activities throughout the day for seniors.

Hospice & Bereavement

Elizabeth Hospice.....760-737-2050
Scripps Hospice.....858-748-3030
Hospice Support Group...760-737-2050
Grief Share Support Group.. 760-805-5722
Hospice of the North Coast...760-431-4100
Center for Compassionate
Care/Bereavement...760-431-4100 x2101

Gay, Lesbian, Bisexual & Transgender

The Center.....619-692-2077
www.thecentersd.org
*Support services for parents, families and friends
lesbians and gays

YOUTH SERVICES

After School & Recreation

Boys & Girls Club.....760-789-7564
622 E. St. Ramona, CA 92065 www.bgca.org

YMCA Childcare Resource Services

Child Care Referral Line..800-481-2151
Head Start760-789-2087
Nuevo Head Start.....760-789-1093
Preschool for children ages 2-5

Family Planning

Ramona Pregnancy Care Clinic 760-789-7059
1530 Main St. Suite 6 Ramona, CA 92065
Planned Parenthood.....888-743-7526
www.plannedparenthood.org

Utility Assistance

California Lifeline Program
English.....866-272-0349
Spanish.....866-272-0350
www.californialifeline.com
*Basic, single line phone service or cell phone for
qualifying homes.
SDG&E 800-411-7343
*Utility bill assist. for qualifying low -income fam.

Other

Smoker's Hotline.....800-766-2888
www.californiasmokershelpline.org
800-NO-BUTTS..... 800-662-8887
American Cancer Society.....800-227-2345
www.cancer.org
American Diabetes Assoc....619-234-9897
www.diabetes.org
Immunizations (CDC).....800-232-4636