

SmartCare Community Calendar

Neighborhood Healthcare Clinic
16650 Hwy 76 Pauma Valley

Senior Group (Spanish)
Jackie Reyes (760)690-7828

Senior Group (English)
Cindy Plascencia (760)803-3703

Awareness Week Campaigns
6/4-6/10 National Men's Health
6/11-6/17 Migraine & Headache Awareness
6/22-6/24 National Safety
6/25-7/1 PTSD Awareness

Food Distribution
Tuesday-June 6 & 20 (760)742-9919

Valley Center Library
29200 Cole Grade Rd. - (760) 749-1305

Monday: VC Robotics
Tuesday: Gentle Yoga & Intermediate ESL
Wednesday: Story Time; Arts & Crafts
Thursday: Gentle Yoga & Beginning ESL
Friday: Preschool Story Time & Craft
Saturday: Qigong, & Yoga

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
)		1 4:45pm Gentle Yoga 6pm Beginning ESL	2 10:30am Story Time & Craft	3 10am Qigong 12pm Yoga
National Men's Health						
4 	5 4-6pm VC Robotics Club	6 10a Senior Group (Sp) 1p Senior Group (Eng) 12 Food Distribution	7 3:00 Storytime 3:30 After School Crafts	8 4:45pm Gentle Yoga 6pm Beginning ESL	9 10:30am Story Time & Craft	10 10am Qigong 12pm Yoga
*Migraine and Headache Awareness *						
11	12 4-6pm VC Robotics Club	13 10a Senior Group (Sp) 1p Senior Group (Eng)	14 3:00 Storytime 3:30 After School Crafts	15 4:45pm Gentle Yoga 6pm Beginning ESL	16 10:30am Story Time & Craft	17 10am Qigong 12pm Yoga
				Last Day of School		
National Safety						
18 FATHER'S DAY	19 4-6pm VC Robotics Club	20 10a Senior Group (Sp) 1p Senior Group (Eng) 12 Food Distribution	21 3:00 Storytime 3:30 After School Crafts	22 4:45pm Gentle Yoga 6pm Beginning ESL	23 10:30am Story Time & Craft	24 10am Qigong 12pm Yoga
PTSD Awareness						
25 	26 4-6pm VC Robotics Club 1p Senior Group (Eng)	27 4:45pm Gentle Yoga 6 pm Intermediate ESL	28 3:00 Storytime 3:30 After School Crafts	29 4:45pm Gentle Yoga 6pm Beginning ESL	30 10:30am Story Time & Craft	
Helen Keller Deaf-Blind Awareness Month*						

